

Your complete guide to  
**Workplace First Aid  
Compliance**

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# THE ISSUE:

## Workplaces are not prepared



45%

of Australian Households do not have a first aid kit

Sourced from Australian Bureau of Statistics Website



87%

of Australian Business are not first aid prepared

A staggering statistic. That's why we're passionate about making first aid fast and easy for everybody!

## Who is responsible for suitable Workplace first aid equipment?

“A person conducting a business or undertaking [PCBU] has the primary duty under the WHS Act to ensure, so far as is reasonably practicable, that workers and other persons are not exposed to health and safety risks arising from the business or undertaking.”

Source: FIRST AID IN THE WORKPLACE Code of Practice March 2015, SafeWork Australia



# First Aid regulations explained

## What is 'WHS'?

The 'Work Health & Safety Act' (WHS) is the agreed harmonisation of each state and territory's OHS legislation to develop a new national code of practice by Safe Work Australia.

## Is 'WHS' good for me?

Yes, WHS simplifies 8 old regulations into 1 new national code of practice. This overcomes confusion and entitles all Australian workers to the same work health and safety standards regardless of where they work.

## Who regulates and enforces the new 'WHS' laws?

Safe Work Australia does not regulate compliance and enforcement of the 'WHS' code of practice. It is conducted by each state or territory's body such as WorkCover, WorkSafe or SafeWork etc.

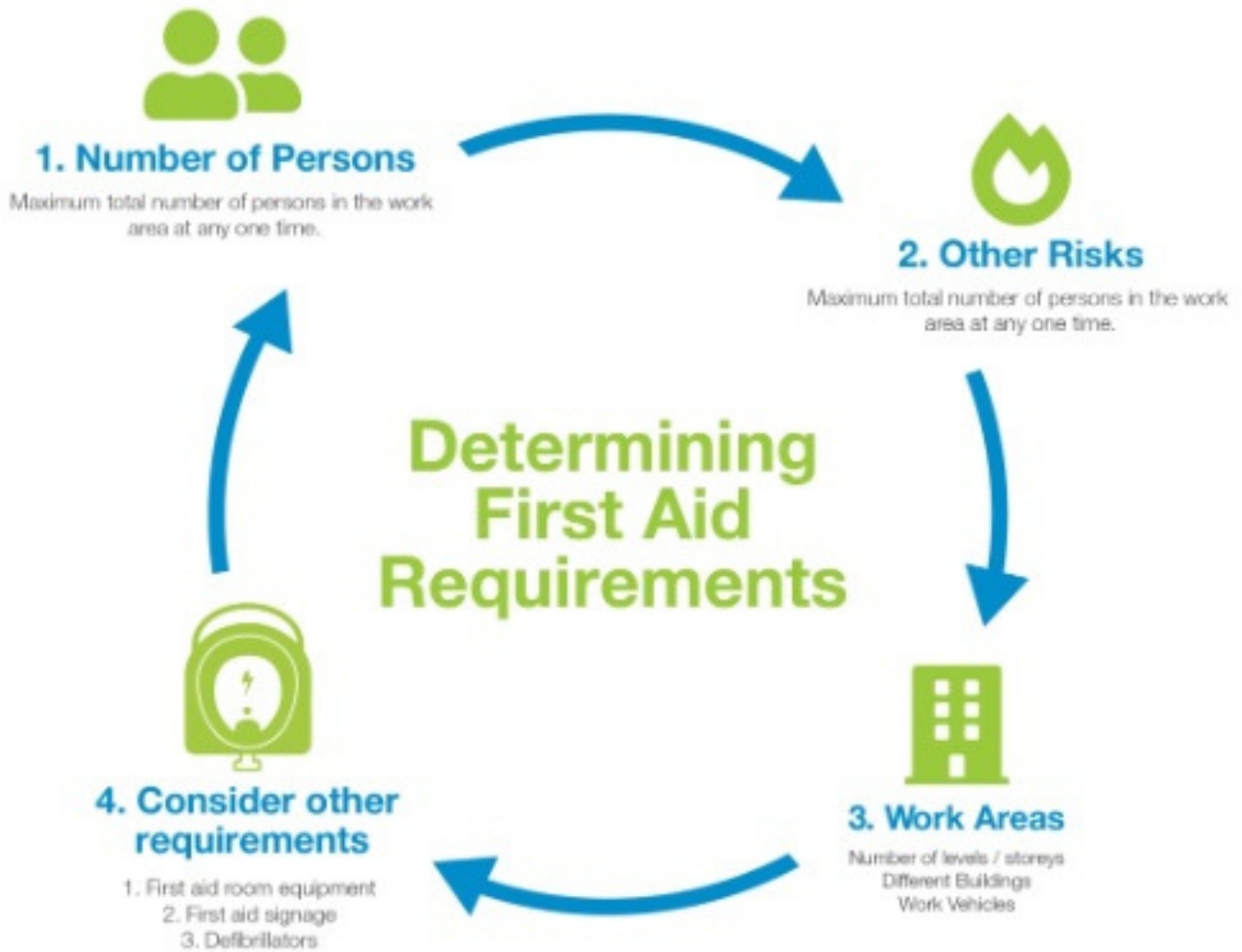
## Have all states and territories implemented the 'WHS' first aid code?

Yes all apart from WA and VIC. Both are committed to or support the principle of national harmonisation. FastAid manufactures first aid kits to cover the existing VIC and WA regulations as well as the new WHS code.

## What does 'WHS' mean for me?

Essentially, the WHS change means you are or will soon be required to replace or update your current first aid kits.





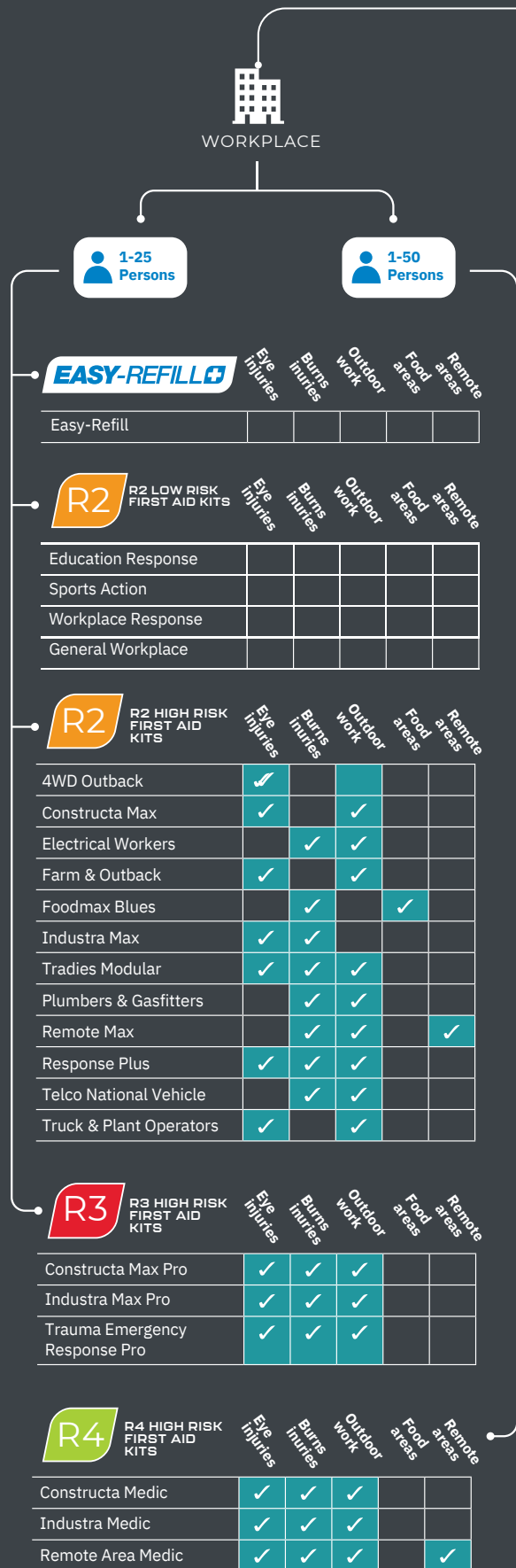
# Your Guide to First aid compliance

A simple guide to discover what you need to ensure first aid compliance

- ➔ **What is a low risk worksite?** A workplace where workers are not exposed to hazards that could result in serious injury or illness. Examples; School's, Library, Offices
- ➔ **What is a high risk worksite?** A workplace where workers are exposed to hazards that could result in serious injury or illness. Examples; Construction sites, tradies, manufacturing plants, mine sites

## START HERE

Learn more about first aid compliance



VEHICLE

**1-10 Persons**

**R1**

**R1 FIRST AID KITS**

- VEHICLE MAX
- VEHICLE PRO
- UTE MAX
- RESPONSE MAX
- REMOTE VEHICLE
- HOME & AWAY
- EMERGENCY BREAKDOWN



### OTHER

Other key considerations to ensure you are first aid ready

- Low risk - one qualified first aider for every 50 workers
- High risk - one qualified first aider for every 25 workers
- Remote - one qualified first aider for every 10 workers
- Well recognised first aid signage
- Eye wash and showers for chemicals or major burns



### DEFIBRILLATORS

We recommend every workplace has a defibrillator

- Fully Automatic
- Semi Automatic
- CPR Feedbacks

Heartsine Samaritan AED	<b>RD500</b>		✓	✓
Heartsine Samaritan AED	<b>RD360</b>	✓		
Heartsine Samaritan AED	<b>RD350</b>		✓	

- AT LEAST 1 KIT FOR EVERY SECOND LEVEL
- AT LEAST 1 KIT PER SEPARATE BUILDING
- WALKING DISTANCE OF LESS THAN 1 MINUTE TO THE CLOSEST FIRST AID KIT



# Explaining our R-Series range

## R-SERIES Risk Rated First Aid Kits



Email us at [admin@ambaguard.com.au](mailto:admin@ambaguard.com.au) for more information about our full range of R-Series first aid kits.

<i><b>Personal</b></i>	<b>R1</b>	<b>R2</b>	<b>R3</b>	<b>R4</b>
PERSONAL	VEHICLE	WORKPLACE	WORKPLACE PRO	WORKPLACE MEDIC
Non-Regulation 1 Person	<b>Low Risk</b> 1 - 10 Person	Low Risk 1 - 25 Person	Low Risk 1 - 50 Person	Low Risk 1 - 50 Person
		High Risk 1 - 25 Person	High Risk 1 - 25 Person	High Risk 1 - 50 Person

LOW RISK workplace means a workplace where workers are not exposed to hazards that could result in serious injury or illness such as offices, shops or libraries. Potential work-related injuries and illnesses requiring first aid would be minor in nature.

HIGH RISK workplace means a workplace where workers are exposed to hazards that could result in serious injury or illness and would require first aid. Examples of workplaces that may be considered high risk are: mobile plant, manufacturing plants, construction, mining, trades, warehousing and food manufacturing.



## First Aid for other risks

### Eye wash and shower equipment

Eye wash and shower equipment may be permanently fixed or portable, depending on the workplace. Eye wash equipment should be provided where there is a risk of hazardous chemicals or infectious substances causing eye injuries.



Source: FIRST AID IN THE WORKPLACE Code of Practice March 2015, SafeWork Australia

### First Aid for Chemicals

Solutions such as 'Diphoterine' may serve as suitable first aid where chemicals are being used. Please speak to a FastAid product specialist to discuss your exact needs



## Maintenance



### Who should re-stock first aid kits?

“Usually a first aider or a company that has experience in the first aid equipment”

Source: FIRST AID IN THE WORKPLACE Code of Practice March 2015, SafeWork Australia



### How often should you re-stock?

“after each use or, if the kit is not used, at least once every 12 months”

Source: FIRST AID IN THE WORKPLACE Code of Practice March 2015, SafeWork Australia



### What do I check for?

“ensure that items are in good working order, have not deteriorated and are within their expiry dates and that sterile products are sealed and have not been tampered with.”

“...an inventory list in the kit should be signed and dated after each check ...”

Source: FIRST AID IN THE WORKPLACE Code of Practice March 2015, SafeWork Australia

# First Aid Signage Requirements

## What first aid signage is required?

Displaying well-recognised, standardised first aid signs will assist in easily locating first aid equipment and facilities. Further information on the design and use of signs is available in AS 1319 - Safety Signs for the Occupational Environment.

Source: FIRST AID IN THE WORKPLACE Code of Practice March 2015, SafeWork Australia

## What first aid signage is required?

FastAid recommends small adhesive signage for the external of vehicles to assist in easily locating first aid equipment and facilities.



# First Aid rooms & Defibrillators

## When does a site require a first aid room?

A first aid room should be established at the workplace if a risk assessment indicates that it would be difficult to administer appropriate first aid unless a first aid room is provided.” “A first aid room is recommended for:

- Low risk workplaces with 200 workers or more
- High risk workplaces with 100 workers or more

Source: FIRST AID IN THE WORKPLACE Code of Practice March 2015, SafeWork Australia

## When does a site require an AED (Automated External Defibrillator)?

Providing an automated external defibrillator can reduce the risk of fatality from cardiac arrest. It is a useful addition for workplaces where there is a risk of electrocution or where there are large numbers of members of the public.



Source: FIRST AID IN THE WORKPLACE Code of Practice March 2015, SafeWork Australia



### KEY POINTS

First aid rooms for 200+ (Low risk)  
First aid rooms for 100+ (High risk)

Defibrillators are recommended for any workplace. They do save lives!



## First Aiders



### Who is a first aider?

First aider is a person who has successfully completed a nationally accredited training course or an equivalent level of training that has given them the competencies required to administer first aid.

Source: FIRST AID IN THE WORKPLACE Code of Practice March 2015, SafeWork Australia



### How many first aiders do I need on site?

A person conducting a business or undertaking must ensure that an adequate number of workers are trained to administer first aid at the workplace or that workers have access to an adequate number of other people who have been trained to administer first aid

Source: FIRST AID IN THE WORKPLACE Code of Practice March 2015, SafeWork Australia



Ensure an adequate number of trained and capable first aiders are present on site to administer effective first aid promptly



## Reach out to us!

For your specific needs, please  
reach out to us!

Email

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Information supplied by FastAid



Amba  
Guard

[WWW.AMBAGUARD.COM.AU](http://WWW.AMBAGUARD.COM.AU)